

Father's Day 2018

6/17/2018

Proverbs 20:7 The righteous walk in integrity—happy are the children who follow them!

Happy Father's Day. Father's Day, like Mother's Day is an excuse to follow the Bible and fulfill the fourth Commandment. Today we honor the father's that brought us into this world and to those who have had a fatherly influence on our lives. I had a great father, but others were not so fortunate. But they all fulfilled their basic, most rudimentary purpose, and that is proven by us being here.

Some fathers supplied our basic needs: they gave us shelter from the elements and a place to sleep. They also provided food, water, and clothing. Some fathers kept us safe and saw to our health and well-being. Some paid for our education, and our activities. Men with degrees in Fatherhood loved us and spoke to us with respect and kindness; they were mentors and guides and taught us skills and life lessons by word and example. Some fathers made us feel warm, welcomed, trusted, appreciated, respected. They made us feel special. Other fathers did none of these things.

Fathers could be rated and judged and compared. Some were better at it than others. But one thing is true: they did the best they could with the resources, knowledge, and consciousness they had. Being a parent, mother or father, or human being for that matter, is no simple task, and if we knew better, we'd do better.

Not only can we speak of fathers in terms of their parenting abilities and other material measures, we can also see fathers, as

well as all people, from a spiritual perspective. Spiritually, we are all Children of God and are comprised of both masculine and feminine qualities, natures, essences, or energies. Pick a word; it is difficult to describe.

One characteristic often defined as masculine, and we all have these energies, not just men, is that of clarity and discernment. Compassion, a feminine nature in us, allows us to perceive the innate light within any form of duality. Through compassion we can recognize the light of someone's soul even if their personality is filled with negativity. The masculine-nature of discernment makes us aware of the presence of fear and power-related energies in these negative individuals and enables us to love them from a distance without absorbing the negativity.

Discernment allows us to know who we are by helping us let go of who we are not. I've heard it referred to as "the energy of the sword". Jesus said in Matthew 10:34, "Do not suppose that I have come to bring peace to the earth. I did not come to bring peace, but a sword." This is the sword of discernment. It helps us see with clarity and set boundaries for our thoughts and actions.

Discernment is the masculine compliment to the feminine qualities of forgiveness and compassion.

Another masculine quality is the ability to analyze and categorize things according to some frame of reference. Although this can be useful it can also be a pitfall. Generally, our mental capacities are generated from the world, and we often view the world in terms of duality: good or bad, light or dark, healthy or sick, friend or foe, masculine and feminine. Our minds label, judge, separate, and fail

to perceive the underlying unity of all things. The mind prefers to work with general principles, logic, reason and objective application. It ignores anything else, including intuitive knowing and feeling.

Over the eons our minds have created a separation between masculine and feminine. Even though we males include the feminine qualities and females have masculine qualities, our minds have told us that these two energies are distinct and separate.

For many millennia the male energy has been dominant. This has not always been the case. The masculine and feminine energies need each other. Whenever the mind ignorantly embraces the duality, there can be imbalance, as there has been for several thousand years.

But Christ moves through us as a presence beyond duality; the essence of Christ encompasses all as unity. The mind does not recognize this mystic level of oneness; it clings to categories and definable bits and pieces. But in truth, we are all gendered bodies, but our souls flow with both masculine and feminine energy. This consciousness is becoming more and more prevalent as the female energy regains its strength and rises out of victimhood.

We males have choices to make: do we help restore balance, or do we fight tooth and nail to cling to a diminishing male energy-driven society. This is the Father's Day challenge. The feminine energy is on the rise; it will no longer be subjugated by masculine energy domination. So gentlemen, how can we help this feminine energy find balance? How can we help it flourish so that both energies can come together in a mature and sensible reunion?

Perhaps we can use our powers of discernment to let go of who we are not and embrace who we are. Is it possible to define ourselves as equals in this dance of the masculine and feminine natures? We are not dominant, we are not superior, we are not more deserving. Can we release the image and definition that the last several thousand years have engrained upon our minds?

We are all Children of God; we are all part of one family in Spirit. The feminine energy cannot attain its fullness without the help of the masculine energy. Although this has been a male-dominated society for thousands of years that does not mean that the masculine energies have been healthy, flourishing, and fully functioning. No. In fact, the masculine energy all this time has been emasculate, feeble, incomplete, and fearful. We are intertwined. We are not dual natures, and without a fully empowered feminine energy as support the masculine energy cannot give of its all.

When we men can release our fears and limitations and fully embrace the feminine energy that is making itself more and more apparent, we will finally come into our own. It is imperative that we reshape ourselves now so that we can join with the rising feminine energies and fulfill our greatest potential together.

The feminine energy is awaiting the masculine energy's invitation for equality and union. We can sense the war within the masculine energy field – the quarreling and grasping over the old times. I believe part of the terrorist attacks, the global dictators cleaving to power and the old regime mentality with its heartless aggression, is

part of this masculine energy war within itself. Those that want to adhere to the old energies are showing their nasty side; their dark actions and emotions are fueled by fear, anger, and a sense of powerlessness and helplessness. They cannot allow the Christ within them to heal their hearts, so they strike out from their basest human instincts and lowest ego-infested actions. The collective social and spiritual changes that are inevitable are being rejected in a final writhing seizure of masculine agony.

So the Father's Day challenge for everyone is this: how do we deal with the destructive masculine energies until they have subsided? Do we join them and allow those 'old male energies' to draw us downward? Do we allow their feelings of powerlessness and helplessness to enter our hearts and minds? Or do we rise above them, love them, have compassion for them, forgive them and teach them through the example of a raised consciousness?

Love your enemies; do good to them. We are not told to become victims of your neighbors, be manipulated by them, and fall prey to their perpetrations. Their fears and anger cannot touch us without our permission. If we do not react with anger, fear, and disrespect, we will not attract it to us or allow it into our hearts.

Another useful masculine energy is that of being present: to be able to reach out and interact and connect with others while being true to who we are. This will help us to remain free from the warring energies that surround us. Being present means that we can be aware of who we are and not be lost in someone else's rantings, opinions, convictions, expectations, or needs. Presence,

or self-consciousness from a good perspective, allows us to find balance within ourselves as we reach out to others and the world.

While the female energy within us is inclined to connect with others, show compassion, care, and nurture, it is the male energy of Presence that helps guide those female energies by setting boundaries, and finding balance in giving and receiving.

Self-confidence is another masculine energy that will help us in the spiritual-consciousness war that we are living through. The ego is an important part of our nature; it can be a friend when balanced and our greatest adversary when out of balance. Two natures drive us: The Sacred Self wants to connect, unite, and seeks oneness. The ego wants to divide, separate, and create individuality. Neither is 'higher' than the other. They are like masculine and feminine: they are intertwined; they both belong and have its place.

Our ego is a male nature and needs balance. We must embrace our aloneness and individuality as well as our connection with our spiritual family. Through a healthy and balanced acceptance of our individual nature we become empowered and can share our uniqueness with anyone or anything without fear of losing ourselves or giving up our unique individuality. We become self-confident. That is the energy of a healthy ego, and this is what the feminine energy is waiting for.

Our soul's masculine energy desires to express our heartfelt inspirations into Creation and bring a tidal wave of harmony, peace, love, and joy to the world. But it takes the self-confidence of a balanced ego so that we can integrate with the feminine energy

that desires to connect with others and the world. This self-confidence is not that of an inflated ego, an unbalanced ego afflicted by pain, fear and arrogance. It is that simple knowing that, “I believe I can do it.” It is being honestly and non-judgmentally aware of our capabilities, natural talents, gifts, deep inspirations, and then moving into action.

With a healthy ego, a sense of self-confidence and Presence we can stand up for ourselves, take care of ourselves, and accept the abundance of God. It is our ego nature that differentiates the tolerable from the intolerable. Not everything needs to be forgiven and understood. There are times when we must say, “No more. That is enough.” A healthy ego gives us the self-confidence to not compromise who we are.

Fathers, and all men in general, we have some choices to make; we have a Father’s Day challenge. Will we allow the love of Christ to express through us? Will we allow the masculine energies of discernment, clarity, a healthy self-consciousness and balanced ego unite with the feminine energies of compassion, connection, empathy, nurturance, and tolerance? Or will we frantically cling to the old ways of male energy domination?

So, happy Father’s Day as we give thanks to our fathers and the men who played a fatherly role in our lives. Also, my challenge to everyone is that we expand our consciousness and self-concept so that we can play a positive confident role in ushering in a new age of balanced masculine and feminine energies. Let there be peace on earth, and let it begin with me.

Let us pray...