

A Baker's Dozen List of Lessons of Life

1. Love is the answer - Love is why we are here.
2. Relationships are key - At the end of the day, what matters most are the people in our lives.
3. Our kids aren't us - We are the vessel to bring our children into the world and their caretakers until they can care for themselves, but they really belong to God.
4. Things gather dust - Time and money spent accumulating material things will one day irritate us.
5. Fun is underrated - Life is short; we should enjoy it.
6. We choose – all of it; it is our choice
7. Experiences first - The pleasure and positive memories afforded by great experiences far outweigh material things.
8. Fear, Anger, worry, envy, greed, aren't worth it
9. Being Real is being Alive - Being real, open, humble and vulnerable builds bridges, invites people in, and allows them to relate to us on a deeper and more intimate level.
10. We can handle it - Whatever we think we can't handle, we actually can.
11. Do the work - If we want something in life, we must do the work to get it.
12. Release Attachments - Don't become too attached to outcomes, beliefs, the past, and the necessity for doing it all ourselves.
13. Realize our Life is now - Life continues to be a series of 'right nows'.